



## How Can I Get A Developmental Evaluation For My Child?

Since most insurance plans **DO NOT** cover developmental evaluations for children, we recommend the following to access an evaluation:

**VERY IMPORTANT:** First, call your insurance company! Ask if a developmental evaluation by a developmental psychologist is covered under your child's health plan & whether there are any restrictions. Also, find out where you can go under your plan to receive a developmental evaluation.

If your insurance plan does not cover an evaluation, you may choose to pay "out of pocket" for services. The **Developmental Evaluation Clinic** at Children's Hospital & Health Center at **(858) 966-5817** provides comprehensive developmental evaluations for children birth to 6 years. Fees for services vary according to the child's age & type of evaluations needed.

### NO COST OPTIONS IN NORTH COUNTY:

- **C3** provides **FREE** developmental evaluations for children without insurance, based on income & need. Talk to the **C3** Developmental Screening Coordinator who assessed your child for information regarding evaluations.
- Call **California Early Start** at **(760) 736-6344**. They coordinate developmental services for children who are at risk from birth to 3 years & may provide developmental evaluations for some children, at no cost to the family.
- Call your **neighborhood school or school district** to request information regarding the evaluation process. Local elementary schools provide free evaluations to address areas of concern for children 3 years & older who qualify. The school must complete the process (including all assessments & meetings) within 50 days. (Children do not have to attend the school in order to qualify for an evaluation or for services!)
- Call **Regional Center** at **(858) 576-2938**. Regional Center conducts free developmental evaluations to determine eligibility for children who may be at risk for certain developmental conditions (that is, autism, mental retardation, severe epilepsy, severe cerebral palsy, & conditions that lead to mental retardation). Based upon the developmental evaluation results, Regional Center provides free case management services for children who meet eligibility criteria.

Please feel free to call our toll-free number 877-8-C3 KIDS, or the C3 office at (858) 966-8931 (Solana Beach), (760) 591-0179 (San Marcos), or (760) 754-6110 (Oceanside) if you have any questions.