



## How Can I Access Specialized Evaluation or Treatment For My Child?

Your child \_\_\_\_\_ was seen by \_\_\_\_\_, a **Children's Care Connection (C3)** specialist who may have recommended some of the following evaluation or treatment services for your child.

### Types of Evaluations Available in San Diego:

- Speech & Language Evaluation/Treatment:** a service that promotes communication skills needed for a child to express him/herself, understand others & say sounds correctly for school success.
- Physical Therapy Evaluation/Treatment:** a service that promotes developmental skills such as walking, running, balance & coordination needed for play & academic success.
- Occupational Therapy Evaluation/Treatment:** a service that promotes developmental skills for coordination, enhance hand skills for everyday activities like dressing & feeding, play & academic success.
- Psychological Evaluation/Treatment:** a service that helps identify & address concerns regarding behavior.

### Places to Call

Since many insurance plans DO NOT cover specialty evaluations for children, we recommend the following to access an evaluation.

- VERY IMPORTANT POINT ABOUT INSURANCE:** First, if your insurance is a PPO, call your insurance company! Ask if the particular specialty evaluation or services you need are covered under your child's health plan & whether there are any restrictions. Also, find out where you can go under your plan to receive a specialty evaluation. If your insurance is a HMO, you must wait for your doctor to call you about the services for which you qualify. Your C3 specialist will contact your doctor about your visit.
- If your insurance plan does not cover an evaluation, you may choose to pay "out of pocket" for services. The **Developmental Evaluation Clinic** at Children's Hospital & Health Center at (858) 966-5817 provides specialty developmental & psychological evaluations for children birth to six years. Fees for services vary according to the child's age & type of evaluations needed.

Your child may also qualify for **FREE** services from the following agencies (call for more information):

- Call **California Early Start** at (760) 736-6344. They coordinate developmental services for children who are at risk from birth to three years & may provide free developmental evaluations for some children.
- Call your neighborhood school or school district** to request information regarding the evaluation process. Local elementary schools provide free evaluations to address areas of concern for children three years & older who qualify. The school must complete the process (including all assessments & meetings) within 50 days. (Children do not have to attend the school in order to qualify for an evaluation or for services!)
- Call **Regional Center** at (858) 576-2938. Regional Center conducts free developmental evaluations to determine eligibility for children who may be at risk for certain developmental conditions (that is, autism, mental retardation, severe epilepsy, severe cerebral palsy, & conditions that lead to mental retardation). Based upon the developmental evaluation results, Regional Center provides free case management services for children who meet eligibility criteria.

Please feel free to call C3 toll-free: 877-8-C3 KIDS, or directly: (858) 966-8931 (Solana Beach), (760) 591-0179 (San Marcos), or (760) 754-6110 (Oceanside) for more information.

Or visit our website: [www.howkidsdevelop.com](http://www.howkidsdevelop.com).